



Comprehensive

Mental Health Services

2020
Annual
Report



Resilient Together



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Dear Friends,

The concept of "resilience" is one with which treatment providers and clients of behavioral health systems have long been familiar. Little did we know when 2020 began with such promise that resilience would be a quality shared worldwide due to a global pandemic.

In late March as State and Local governments began to implement stay-at-home orders and many businesses had to temporarily shut their doors, we were faced with the challenge of embracing the 'new normal'. We stayed open and continued to serve the people who needed us. It looked different: remote visits through phone calls and telehealth visits; trips to local food pantries to deliver groceries to our clients; some employees assigned to work from home so that others who were needed on-site could practice safe social distancing. We took on the task of being more aware than ever before that we needed to practice good self-care, good client care, and good care for one another. We had to practice the resilience that we often preached. We saw what we needed to do, and we did it. It was never easy, but it was necessary.

Our resilience was tested as we worked with grant partners to build a virtual infrastructure, as we saw people leaving the field due to COVID-19 concerns, and as we implemented an entirely new electronic medical record amidst a pandemic that at times seemed as if it would never subside. Through it all we met the challenges as they came our way. We became a COVID-19 test site for our employees and clients, we purchased a new building to expand access for our community, and we participated in online panels and workshops with local leaders to promote wellness and good mental health care during a stressful year. As I shared with our employees well into the pandemic: We have more work to do. There are people who need us. We are a team and we will need to lean on each other and our partners in the community. **We are resilient!**

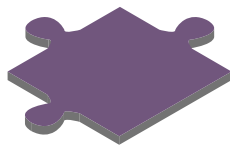
Julie Pratt, President and CEO



Building Resilience

Partners in Resilience: Building a Telehealth Infrastructure

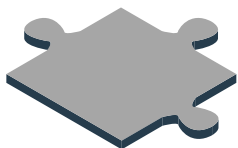
When the pandemic struck we had to act quickly to establish the telehealth infrastructure necessary to provide our clients and staff with a safe and secure alternative to in-person services. Through partnerships with the Community Mental Health Fund, Health Forward Foundation, the Kansas City Regional COVID-19 Response and Recovery Fund, and REACH Healthcare Foundation, we were able to purchase Doxy.me subscriptions for our Psychiatrists and APRN's to see clients virtually over a secure network. The addition of desktop speakers, hands-free headsets, laptops, desktops, and iPads made it possible for us to allow many of our staff to work from home while continuing to see clients and participate in meetings. Through a grant obtained by the Missouri Telehealth Network, we were asked to participate in the Hot Spots for Health program. Through this opportunity we were able to secure



eighty hot spots, each with a one-year unlimited data plan, to distribute to work with clients who did not have access to a network to access services virtually. We were able to pair several hot spots with iPads for clients to attend Psycho-social Rehabilitation (PSR) groups, medication appointments, and virtual visits with their community support specialist and/or therapist. The unlimited nature of the data plans also gives these clients access to the internet for school, to secure needed resources, and to virtually access primary health care when needed.



Partners in Resilience: Creating Safe Spaces



Funding from the community partners previously mentioned enabled us to quickly make changes to the spaces in our treatment locations for clients and staff to more safely interact with one another. We purchased and installed plexiglass dividers to secure to desks when face-to-face meetings were necessary. We remodeled the Carole Roper Park Vaughan lobby to enclose the front desk area to provide a safe working space for staff and to give clients in the lobby a safe, socially distanced space.

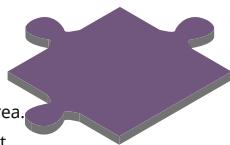
***Thank you to these community partners
who made it possible for us to provide safe
service delivery to our community.***



Community is Key

Increasing Access, Improving Care

In June of 2020 we purchased a building located at 17611 E. 24 Hwy. This location is based in an area of Independence designated as a hot spot for violence and trauma. CMHS will be relocating the Youth Community Support, Adolescent CSTAR, and Prevention Programs to this location to provide better access for children, youth and their families to the array of services we have to offer. The new space will also offer easier access to care for residents of Hawthorne and community members living in the Susquehanna, Fort Osage, and Buckner area. This location will house intake staff for walk-in open access, medication services, and outpatient therapy for children, youth and adults. CMHS is excited to announce that we have partnered with the Health Care Collaborative of Rural Missouri (HCC) to provide dental services to our clients. HCC will be providing a full range of dental services in this newly renovated space set to open in August 2021.

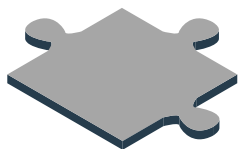


Thank you, Sunderland Foundation

The renovations necessary to make this new space a safe and welcoming place for the community have been funded in large part by a grant from the Sunderland Foundation. Randy Vance, President and Chief Operating Officer of The Sunderland Foundation informed us of their grant in the amount of \$425,000 for the renovations for the behavioral space for CMHS services and an additional \$50,000 for the renovation of the space for the Health Care Collaborative of Rural Missouri's dental clinic.

Since its inception, the Foundation has been a vital partner supporting construction and special interest projects through grant awards to nonprofit organizations in the Kansas City region.

We are grateful for the trust and support of The Sunderland Foundation and we thank Randy Vance, the Officers, and the Board of Trustees for this grant and for all that you do for nonprofits in Kansas City.



**SUNDERLAND
FOUNDATION**

sunderland.org

"Never doubt that a small group of thoughtful, committed people can change the world: indeed, it is the only thing that ever has."

~Margaret Mead

Legacy

He Lived, He is Loved, He Matters

The new building at 17611 E. 24 Hwy will be named the Pierson D. Phillips Building, after a courageous young man who advocated for the elimination of the stigma of mental illness. Pierson began speaking publicly at the age of ten, educating groups of all ages what it was like to be a kid living with mental illness. It was important to Pierson that people learn to "Change the Story". By refusing to be silent, by speaking up, Pierson Phillips helped many to change their own personal story regarding mental illness and suicide. When Pierson agreed to be the keynote speaker at the CMHS Annual Luncheon in 2016, it was apparent that he would have a profound impact on how we look at and talk about mental illness.

Pierson Phillips did have an impact, and he continues to do so today.

The Pierson Project

The loss of Pierson to suicide at age 14 was not the end; his legacy lives on. Hilaire and Travis Phillips continue their son's work through The Pierson Project.

The Pierson Project consists of a group of survivors who have first-hand experience of the devastating effects of suicide. "Our goal is to continue helping our community conquer the stigma and shame that surrounds these issues and to empower others who want to make a difference in the Kansas City area."

Hilaire and Travis Phillips and others with The Pierson Project continue to help people to change their story. At speaking engagements and events the advocacy and education championed by Pierson is joined to the vital message that everyone needs to hear regarding people lost to suicide:

"They lived. They are Loved. They Matter."



SAVE THE DATE

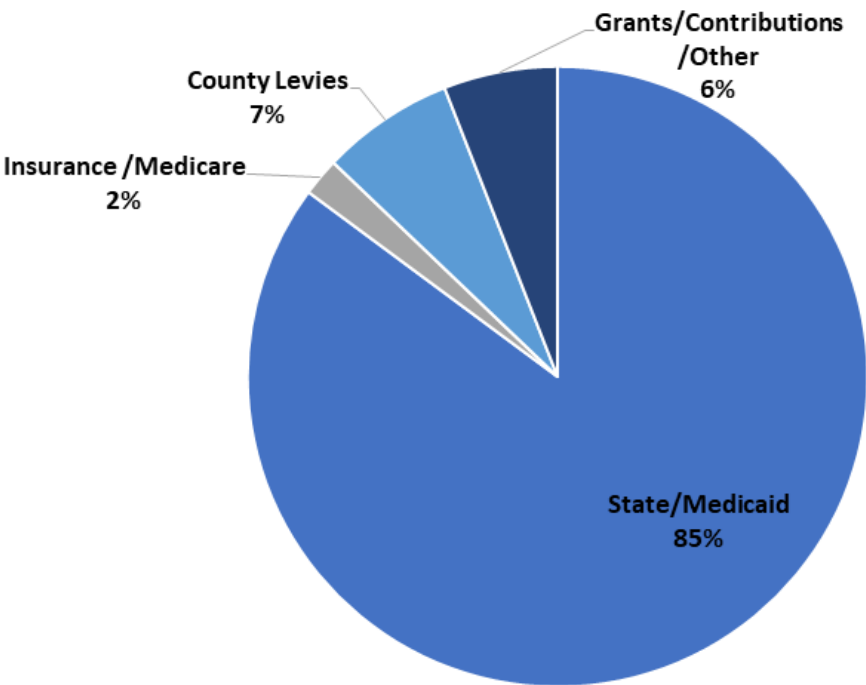
Pierson D. Phillips Building Dedication

September 1st, 2021 4:00 p.m. to 6:00 p.m.



Financial Summary | January 1, 2020 to December 31, 2020
Annual Report 2020

REVENUE & CONTRIBUTIONS



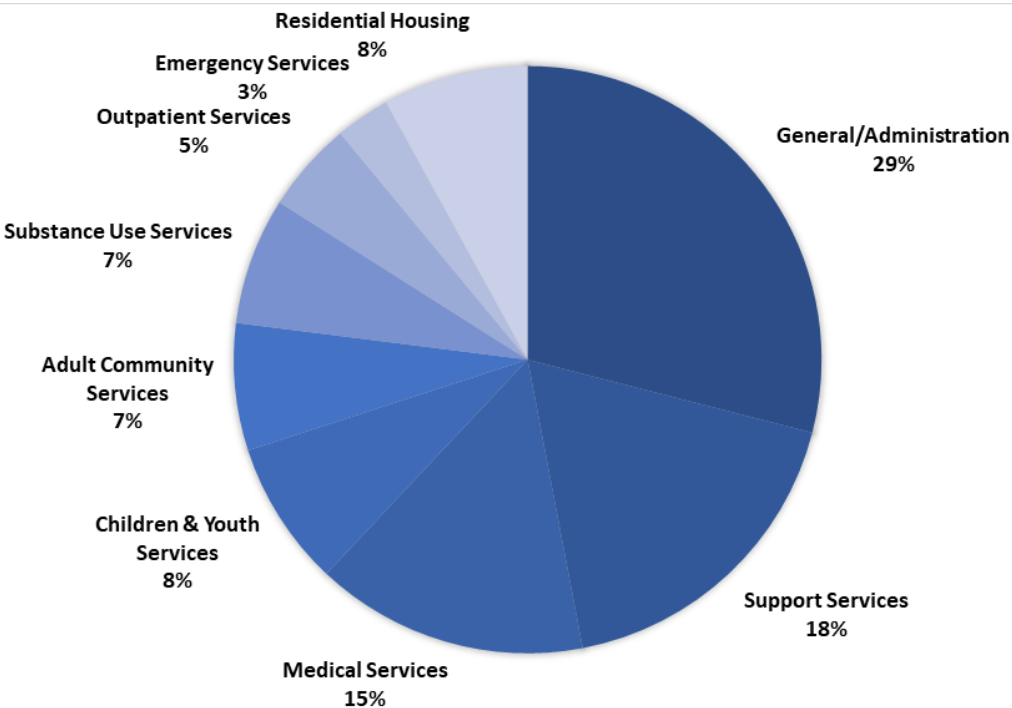
Total Revenue \$16,589,160

For information on how you can help
please contact the CMHS Development Department
at Development@thecmhs.com

Financial Summary | January 1, 2020 to December 31, 2020

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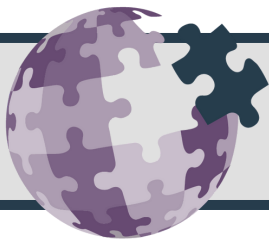
PROGRAM EXPENSE/COMMUNITY BENEFIT



Total Expenses \$16,734,996

Comprehensive Mental Health Services, Inc. practices good stewardship in the use of the funds with which we are entrusted.

Strategic use of funding allows for us to better meet the behavioral health needs of our community.



Comprehensive

Mental Health Services

Thanks to our generous community partners



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SERVICES
FUND
OF JACKSON COUNTY



COMMUNITY
MENTAL HEALTH
FUND

Supporting equitable and quality mental health care in Jackson County.



Health Forward
FOUNDATION

Jackson County
COMBAT

Save a life. Save a neighborhood.



REACH
healthcare foundation



SUNDERLAND
FOUNDATION

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